


## RIE BHOPAL, Faculty Profile (Last five years from 2019-2025)

<b>Full Name:</b>	Dr. Saurabh Kumar			
<b>Designation:</b>	Associate Professor			
<b>Department:</b>	Education			
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<b>Education Qualification:</b>	M.Sc. (Chem.), MA(Psy.), M.Ed., PGDPC, NET, Ph.D.			
<b>Teaching Experience:</b>	16	<b>Research Experience:</b>	11	
<b>Academic Identity:</b> (i) ORCID Id with web link  (ii) Scopus Author Id with web link  (iii) Researcher Institutional ID with web link  (iv) Google Scholar Id with web link  (v) Vidwan Id: with web link  (vi) Research gate Id with web link				
<b>Research Interest and Fields of Specialization</b> Science Education, Teacher Education, Guidance and Counselling, Assessment and Evaluation				
<b>Member of Academic Institutions (Board of Studies / Research Degree Committee/School Board)</b>  <b>Present/ Past</b>  <b>Member of Board of Studies IES University Bhopal</b>  <b>Member of Books Selection Committee constituted RSK (SCERT) Madhya Pradesh</b>				

### 1. Membership of different Organizations

- **Member Manodarpan Cell of NCERT constituted by Ministry of Education to provide Psycho-Social Support to Students.**

**2. Research Supervision**

(No. of Ph.D. Degree Awarded\_\_\_\_1(Submitted)\_\_\_\_\_ and

Registered\_\_\_\_3\_\_\_\_\_) )

(Number of PG Dissertations Supervised \_\_\_\_ 40\_\_\_\_\_)

**3. Research Projects (Completed and ongoing with title, type, fund allocated, duration and name of the funding agency)**

(1) Completed Research Project “A Study of the Status of Implementation of Ten Bag-less Days in accordance with NEP 2020 in selected areas of western India” as Project Director funded by ICSSR 2023-24

(2) Completed Research Project “Effectiveness of the Pratibha Parv on Improvement of Quality of Education in Government Schools of Madhya Pradesh” (2016-17) as Principal Investigator funded by PAC/ERIC, NCERT

(3) Completed Research Project A Study of Effectiveness of Active Learning Methodology (ALM) on Teaching-Learning Process in Elementary Schools of Madhya Pradesh funded by Rajya Shiksha Kendra (SCERT) Madhya Pradesh 2015-16 (Co-Principal Investigator)

(4) Ongoing Research Project “A Study of Prospective Implications of National Educational Policy 2020 (NEP-2020) among Teacher Educators of Western Region of India” funded by PAC/ERIC, NCERT

(5) Participated in 5 National Level Research Studies conducted by NCERT as a Team Member

**4. Administrative Experience**

- **Residential warden of Swami Vivekananda Kirti Niketan Boys from Hostel 2014-2023.**
- **Acted as a I/C Head DEE**
- **Working as a Coordinator, Diploma Course in Guidance and Counselling at RIE Bhopal since 2019**
- **Chief Advisor Student Council**
- **Associate NCC Officer**

**5. Scientific Visits Abroad/ International Collaboration**

**6. Conference/Symposium/Workshop Attended during (2019-2025)**

- Presented a paper titled “Assessing the Performance of Teachers using ICT” in the national seminar held at RIE NCERT Bhopal from March 15<sup>th</sup> to 17<sup>th</sup> 2019.
- Presented Report on the topic NAS: Chhattisgarh in the Academic Forum held on 3<sup>rd</sup> October 2018 at RIE Bhopal.

- Paper presented and session conducted in a workshop for Teachers in Kamla Nehru Higher Secondary School Bhopal on 14<sup>th</sup> September 2019 (Topic: Assessment and Evaluation in Schools).
- Paper presented in the Academic Forum (local level) on “Technology as a Tool for Teaching Learning and Assessment” on 17<sup>th</sup> June 2020 at RIE Bhopal.
- Presented a paper entitled “Transforming Assessment for Learner Development” in a National Seminar organised by RIE Bhopal on 26<sup>th</sup> November 2021.
- Presented a paper entitled “SWOC Analysis of Online Teaching Learning” in a National Seminar organised by RIE Bhopal on March 9<sup>th</sup> 2021.
- “NEP 2020: Pedagogy, Curriculum and Assessment” on 30<sup>th</sup> September 2021 participated as a Resource Person.
- Participated in National Seminar on “Quality Improvement of Teacher Education in the context of NEP 2020” organized by SCERT Goa on 9<sup>th</sup> and 10<sup>th</sup> February 2023 and presented paper on “Art Integrated Pedagogy to Promote Experiential Learning as per NEP 2020”.
- Attended National Webinar on “Evaluation Study of KGBV” on 19<sup>th</sup> December 2022 and moderated the presentations of RIE Bhopal.
- As special guest participated in 10 days Learning Assessment Webinar on 4<sup>th</sup> June 2020 and delivered a talk on “Teaching Learning and Assessment” organized by Edu learners UP.
- Participated in online workshop on “Research Methodology in Social Sciences” by Hindustan Institute of Technology and Science from May 4 to 9, 2020
- Participated in two days online workshop on “Cognitive and Meta Cognitive Strategies for Knowledge Acquisition” from June 23-24, 2020 by Dayalbag University Agra.
- Participated in the webinar on “Career Counselling and Vocational Guidance Skills” on June 26<sup>th</sup> 2020 by Colombo Plan Staff College.
- Co-chairperson of a session National Seminar on Learner Assessment at School level organised by RIE Bhopal.
- Co-chairperson of a session in the National Conference on Teacher Education in 21<sup>st</sup> Century: Vision and Action organized by RIE Bhopal.
- Co-chairperson of a session in the National Conference on “Integration of STEAM in School Education held at RIE Bhopal.
- Co-chairperson of the session in the National Seminar on Mathematics Education organized by RIE Bhopal.
- Keynote Speaker of the National Seminar on Recent Trends and Innovation in Teacher Education and Physical Education organized by A.K. College Shikohabad on 30<sup>th</sup> -31<sup>st</sup> March 2021 sponsored by Directorate of Higher Education Uttar Pradesh.
- Delivered a talk on “Curriculum and Pedagogy In Schools” during the ‘Shikshk Parv’ on 17 September 2020 in KV Raipur ( online).
- Participated as a Nodal Officer in the Pan India Training Workshops on “Including Children with Special Learning Disabilities and Autism Spectrum Disorder in Regular Schools” 8<sup>th</sup> 9<sup>th</sup> and 10<sup>th</sup> Feb 2022.

- Co- chaired a session in the National Seminar on “Folk Literature in Indian Language Today and Tomorrow” on 28 th January 2022.
- Expert talk in session in National Conference on “Mental Health and well Being In Schools and Role of School Administrators” held on October 10 11 2022
- Chaired the session in the National Seminar on the “National Policy of India 2020: Transforming Vision into Action” held on 18 th and 19 November 2022 at Sant Ram Krishna Kanya Mahavidyalaya Agra ,session IV (Title :Assessment and Evaluation of Students Program in Higher Education in NEP 2020).
- Delivered a lecture on the topic “Alignment of Existing Pedagogy In the Light of NEP2020” in the Annual Principals’ Conference of Kendriya Vidyalaya on 19 September 2022 at KV No.2 Bhopal.
- Conducted session on “Action Research: What, Why and How?” in the workshop organized by Maulana Azad National Institute of Technology Bhopal under Karyashala Scheme as a part of SERB initiative on 13 th November 2022.
- Conducted an online session on “NEP 2020: Assessment at School” in FDP on
- NEP2020: on Leading towards Innovation by ASE College of Education Bhopal on 9 th February 2022.
- Co-chaired the session in the National Seminar organized at RIE Bhopal in “Indian Languages and Folk Literature” on 27 th to 29 th January 2022.
- Co-Chairperson of a session in the National Conference on Recent Advances in Interdisciplinary Science held at RIE Bhopal from 7-9 Feb 2025.
- Co-Chairperson of a session in the National Conference on Adolescence Education for Viksit Bharat: Issues, Challenges and Concerns at RIE Bhopal from 22-23 March 2025
- Keynote speaker in an International Conference on “The Role of NEP in Reviving Ancient Indian Knowledge System” on 22<sup>nd</sup> March 2025 at Sant Hirdaram Girls College, Bhopal

**Participation in Online Webinar (Paricharcha) for PM e-Vidya Channel under Manodarpan initiative of Ministry of Education to provide Psycho-Social Support to students**

S. No.	Date	Topic
1.	02/07/2021	Unlocking Inner Potential: Key to Positivity
2.	06/08/2021	Digital Mindfulness: Reflection on our Digital Practices
3.	17/09/2021	Enhancing Concentration for Better Outcome
4.	29/10/2021	Exploring the Power of Collaboration
5.	10/12/2021	Live Happy and Successful Life with Life Skills
6.	19/08/2022	How to Handle Academic Pressure
7.	30/09/2022	"Coping Mechanisms and Adolescents"

8.	11/11/2022	Art and Science of Cultivating Happiness
9.	09/06/2023	Understanding and Managing Screen Time: A Roadmap for Student Well-being
10.	11/08/2023	Gratitude and Resilience: Strengthening Mental Well-being
11.	13/10/2023	Overcoming Self-Doubt: Techniques to Boost Your Confidence
12.	05/01/2024	Unlocking Your Potential: Goal Setting Strategies for a Fulfilling Life
13.	16/02/2024	Navigating Exam Anxiety: Tools and Techniques for Self-Care
14.	10/05/2024	Empowering Growth Through Self-Compassion: Cultivating a Positive Inner Environment
12.	05/01/2024	Unlocking Your Potential: Goal Setting Strategies for a Fulfilling Life
13.	16/02/2024	Navigating Exam Anxiety: Tools and Techniques for Self-Care
14.	10/05/2024	Empowering Growth Through Self-Compassion: Cultivating a Positive Inner Environment
15	25/10/2024	Fostering Personal Social Qualities for a Safe and Nurturing School Environment
16	06/12/2024	Disconnect to Reconnect: Mastering the Art of Digital Detox
17	28/02/2025	Digital Detox: Managing Screen Time for Better Mental Health
18	11/04/2025	Staying Positive & Purposeful in Uncertain Times

**Participation in online Sahyog Session for PM e-Vidya Channel under Manodarpan initiative of Ministry of Education to provide Psycho-Social Support to students**

<b>S.No.</b>	<b>Date</b>	<b>Topic</b>
1.	3/08/2020	Developing Attitude of Gratitude in Children
2.	14-09-2020	How to Manage Uncertainty
3.	02/11/2020	Supporting Psycho-Social Health of Children during COVID-19
4.	12/11/2020	Make Your Life “Rich and Meaningful”
5.	29/11/2020	Developing Study Habits
6.	12/03/2021	Make Your Life Rich and Meaningful
7.	22/04/2021	Career Development
8.	27/08/2021	Over-thinking: Effect on Mental Health
9.	08/10/2021	Attention Seeking Skills

10.	27.07.2022	Valuing Socio-Emotional Context
11.	05-09-2022	Homework and Mental Health
12.	21-10-2022	How to have a healthy mind in a healthy body
13.	23.02.2023	Strategies Dealing Stress During Examination
14.	05.04.2023	Peaceful Mind is the Magic Wand of Success
15.	18.05.2023	Examination Results and Emotional Wellness: Cultivating Balance and Well- Being for Success
16.	10-08-2023	Creating Emotional Safety Net
17.	26.01.2024	Creating a conducive environment for study and exams
18.	08.07.2024	Avoiding distractions from social media and building emotional intelligence: strategies for young minds
19.	06.02.2025	Fuel Your Future: The Power of Motivation & Smart Goal Setting
20.	18.03.2025	Sleep, Mood, and Mental Health
21.	29/04/2025	Safeguarding Mental Health in AI-Driven Educational Spheres

**7. A) Research Papers Published in Journals last six years (2019-2025)  
(Include H-Index, i10 Index and total No of Citation as Per Scopus/Google Scholar):**

**Das, Animesh, & Kumar, Saurabh. (2022, November). *Study of academic anxiety in relation to academic achievement of senior secondary school students of Purulia District of West Bengal. Education India, 11(4), 1–7. ISSN 2278-2435.***

**Kumar, Saurabh. (2020, October–December). *Study of strengths and weaknesses of PratibhaParv: An initiative for improvement of quality of education in government schools of Madhya Pradesh. Horizons of Holistic Education, 7(4), 248–257. p-ISSN: 2349-8811, e-ISSN: 2349-9133.***

**Kumar, Saurabh. (2022, September). *Effect of yoga practices on the memory, attention and self-efficacy of pupil-teachers. Global Multidisciplinary Research Journal, 7(1), 5–15. ISSN: 2456-4583.***

**Kumari, Sheelu, & Kumar, Saurabh. (2022, September). *Career maturity in Class XII students of Bhopal District. RIE Journal of Education, 5(2).***

**Sharma, Yashoda, & Kumar, Saurabh. (2021, July–December). *Strengths, weaknesses, opportunities and challenges (SWOC) analysis of online teaching-learning. RIE Bhopal Journal of Education, 5(1).***

**Kumar, Saurabh, & Sharma, Yashoda. (n.d.). *Gaps in implementation of mental health and wellness programs in schools. Mizoram Educational Journal, 10(3), 44–53.***

**Verma, Shalini, Kumar, Narendra, Chandel, N. P. S., Kumar, Saurabh, & Prasad, Rajendra. (2022, July). चार वर्षीय एकीकृत अध्यापक शिक्षा कार्यक्रम के प्रति अध्यापक-प्रशिक्षकों के अभिमत का अध्ययन (Study of teacher-trainees' opinion towards four-year integrated teacher education program). *Bhartiya Aadhunik Shiksha, 43(1), 118–132.* ISSN 0972-5636.**

**Nigam, Picka, & Kumar, Saurabh. (2023, April–September). *Responsible stakeholders: Key towards successful inclusion. Indian Journal of Vocational Education, 35, 17–25.* ISSN 0972-5830.**

**Kumar, Saurabh. (2020, July). कला समेकित विज्ञान शिक्षण: एक अनुभवपरक सीख (Art-integrated science teaching: An experiential learning). *Bhartiya Aadhunik Shiksha, 41(1), 56–61.* ISSN 0972-5636.**

**Acharya, Shilpa, & Kumar, Saurabh. (2022, October–2023, March). *A study of attitude of secondary school students and teachers towards vocational education. Indian Journal of Vocational Education, 34, 57–63***

#### **B) ARTICLES PUBLISHED IN THE EDITED BOOK**

#### **C) PAPER PUBLISHED (IN CONFERENCE PROCEEDING with ISSN Number)**

#### **D) PUBLICATION OF BOOKS (Both as Authored and Edited)**

- **Author of Book “बाल विकास एवं शिक्षा शास्त्र” published by Rakhi Publication Pvt. Ltd.**
- **Editor of book “Innovative Practices in Teacher Education: Theory & Research” ISBN 9387463281**

#### **E) PREPARATION OF STUDY MATERIAL**

Team Member/Expert for development of National Professional Standards for Vocational Teachers developed by PSSCIVE, NCERT, Bhopal

#### **F) EDITORSHIP OF RESEARCH JOURNAL**

**Member of Editorial Board of Global Multidisciplinary Research Journal**

## **G) MOOCs**

### **8) ORGANIZATION of SEMINAR/WORKSHOP/FDP/TRAINING PROGRAM**

- Organizing Secretary/Convenor of National Seminar on Learner Assessment at School level organised by RIE Bhopal.
- Organizing Secretary/Convenor of National Conference on Teacher Education in 21 st Century: Vision and Action organized by RIE Bhopal.
- Organizing Secretary /Convenor- National Conference on “Mental Health and well Being in Schools and Role of School Administrators” held on October 10 11 2022
- Organizing Secretary /Convenor- Regional Consultation Meet on “Mental Health and well Being in Schools: A whole school Approach” held on March 2024
- Coordinated more than 200 sessions/programmes of RIE Bhopal i.e. SAHYOG/Paricharcha organized under Manodarpan initiative of Ministry of Education for providing Psycho-social support to students live telecasted on PM e-vidya channel.

### **9) Other Information if any**